## Restaurants and Food/Beverage Services Pathway

## What High School Courses Should I take?

Course selection always involves the student, school counselor and parent. Newtown High School courses listed below include specific skills for this pathway. This is not a mandatory listing, not does it indicate the level of any course. It is provided to raise awareness of the wide variety of options available to NHS students.

## Suggested Courses:

English: 4 years

Math: 4 years to include Pre-Calculus

Science: 4 years Social Studies: 4 years World Language: 4 years

#### Electives:

- Baking and Pastry
- Financial Management
- Introduction to Culinary Arts 1 and 2
- Advanced Culinary Arts
- Accounting 1 and 2
- Culinary Apprenticeship 1 and 2
- Cooperative Work Experience
- Marketing 1 and 2
- Business Foundations and Business Management

<u>Junior/Senior Project:</u> In this course, students work with a community professional to develop and present a project. Besides allowing students to determine their course content, it is an opportunity for students to learn time management skills prior to college. Projects include "Feeding the Need 101" and "Analysis of the Teenage Diet through a Portfolio of Styled Food".

# NHS Programs/Activities:

<u>Career Center Programs</u> utilize community volunteers to provide career information to students. Programs include:

- Career Speakers: open to all students with permission of their teacher(s).
- Career Tours: open to sophomores, juniors, and seniors.
- Career Shadowing: This program allows sophomores, juniors, and seniors one excused day per semester to spend time in a career field of their interest with a community volunteer.
- Internships: Junior and senior students spend 30 hours at a workplace to gain knowledge about a career. Internships occur outside of the school day and may be either paid or unpaid.
- Part-Time Jobs and Community Service Postings

<u>Current Community Volunteers include:</u> The Waterview and Heritage Hotel and Resort.

## Related NHS Student Activities:

**DECA** 

**Baking Beyond Borders** 

# Scholarship Opportunities related to the Restaurants/Food Marketing and Management Pathway:

American Association of Family and Consumer Science Scholarship

Weller - The Vincent Voccia Vocational Award

Barton Weller Scholarship

American Academy of Chefs (AAC) Scholarships

Connecticut Hospitality Educational Foundation

Lincoln Technical Institute Scholarships

Newtown Cultural Arts Scholarship

## College Career Pathways:

Students that complete Introduction to Culinary Arts 1 and 2 and Advanced Culinary 1 and 2 will be awarded the following transfer credits at Johnson & Wales University.

#### Hotel & Lodging Management B.S.

FSM2085 Hotel Food and Beverage Operations – 4.5 quarter credits

## International Hotel & Tourism Management B.S.

FSM2085 Hotel Food and Beverage Operations – 4.5 quarter credits

## Restaurant, Food & Beverage Management B.S.

CUL1355- New World Cuisine – 3 quarter credits

CUL1385- Fundamentals of Food Service Production – 3 quarter credits

#### Careers

#### **Management Level**

Caterer

Catering and Banquets Manager

**Executive Chief** 

Food and Beverage Manager

General Manager

Kitchen Manager

Maitre d'

Restaurant Owner

Services Manager

#### **Skill Level**

Baker

Bartender

Brewer

Pastry and Specialty Chef

Restaurant Server

Wine Steward

#### **Entry Level: Sample positions available to high school graduates**

Banquet Server

Banquet Set-up Employees

**Bus Person** 

Cocktail Server

Counter Server

Host

Kitchen Steward

Line Cook

Restaurant Server

Room Service Attendant

Sample of Post-Secondary Training and Educational Options

Licensing: Food Service and Lodging Manager

Certificate Programs: ServSafe Food Safety and Sanitation Certification, Certified

Professional Catering Executive, Certified Master Baker

**Associate Degrees:** Culinary Arts, Food Service Management

Bachelor Degrees: Hospitality Administration/Management, Culinary Arts/Chef

Training

Graduate Degrees: Food Science, Food Technologist, Nutrition

*Updated 12/1/2015*